Schweizerischer Orientierungslauf-Verband Fédération suisse de course d'orientation Federazione svizzera di corsa d'orientamento Swiss orienteering federation



# **Bulletin 4 International Youth Orienteering Meeting** 23.-25.10. 2020

Organiser

International **Youth Meeting**  Swiss Orienteering Federation Contact: Christine Lüscher-Fogtmann Christine.luescher-fogtmann@swiss-orienteering.ch +41 76 346 01 04



We are happy to say, that as of today Monday 19.10.2020 the competition may still take place according to Swiss Covid-19 Rules. Unfortunately, the German, Italian and Belgian Teams had to step back. We are happy to know, that we still can count on the strong French competition giving us a nice bi-national competition. We hope the borders stay open in both directions at least until after this weekend. We will do our best to make everybody dance through the forests 😉.

Weather Forecast	With a little luck, the dancing will not be in the rain, here
	the weather forecast for Val-de-Travers for the next 9
	days:

Aujour	Demain	Mercredi	Jeudi	Vendredi	Samedi	Dim., 25.	Lun., 26.	Mar., 27.	Neuenburg Prévisions de <b>12:54</b>
12°C	13°C	16°C	16°C	15°C	15°C	14°C	13°C	13°C	430m
5°C	5°C	8°C	9°C	10°C	10°C	8°C	8°C	7°C	· ·
0%	10%	5%	70%	70%	25%				Probabilité précipitations
-	-	-	71	131	0,81	0,11	-	-	Précipitations (l/m <sup>2</sup> )
6h	6h	5h	3h	1h	6h	3h	5h	5h	Soleil
1.980m	2.280m	3.070m	2.800m	2.500m	2.010m	2.090m	2.200m	2.150m	Limite neige
-	-	-	-	20%	-				Orage
SO-O 1	SW-S 1-2	SW 2	S-SW 1	SW-W 2	N-S 1	N-SO 1-2	NW-S 1	N-S 1-2	Vent

Météo 9-Jours Prévisions météorologiques











# Covid-19 Information

All participants must respect the Covid-19 rules for each competition. Please only attend the competition if you are healthy and keep distance wherever possible. The arena layout is set up as follows:

- All participants must wear a mask from the parking to the team zones and in areas outside the team zone.
- -It is allowed to warm-up and cool down for the race without a mask. The distance of 1,5m must be kept at all times.
- Each team has a large designated area at the prestart close to the warm-up map. The team zone and the warm-up map are considered guarantine zones. It is possible and recommended to set up a team tent. The team Covid-19 rules count within the team zone, and no persons outside the relevant team are allowed to enter.
- Each team has a large designated area at the finish as well. It is possible and recommended to set up a team tent. The team Covid-19 rules count within the team zone, and no persons outside the relevant team are allowed to enter.
- Organisers will wear masks at the parking, at the pre-start, at the start and in the arena.

All teams have organised their own accommodation and transport due to Covid-19. The Covid-19 responsibility of the organisers begins and ends on the parking lot of each competition. The teams are in charge of the remaining time.

Current Swiss rules still allow sports teams to enter up to 5 days for an international competition with an invitation letter from the organiser, if you should be on the Swiss quarantine list. This is allowed according to the so-called article 4. The team needs a written Covid-19 Concept. Here is the list of current black listed regions in Switzerland: https://www.bag.admin.ch/bag/en/home/krankheiten/ausb rueche-epidemien-pandemien/aktuelle-ausbruecheepidemien/novel-cov/empfehlungen-fuerreisende/guarantaene-einreisende.html#103059051.

The Covid-19 concept of the competition has been approved by the canton of Neuchatel and is still valid today Monday 19.10.2020. The approval was attached to the mail with the entry explanation.

Please bring enough disposable masks to fulfil the Covid-19 Restrictions.

Embargoed areas

- The three following forests are embargoed: Le Cernil:
  - http://omaps.worldofo.com/index.php?id=221151











	<ul> <li>Bois de la Baume: <u>http://omaps.worldofo.com/index.php?id=216488</u></li> <li>Le Communal de la Sagne: <u>http://omaps.worldofo.com/index.php?id=190772</u></li> </ul>
	In bulletin 1&2, another link was used, this is the full map of le Communal de la Sagne. In the former link only the south western part was shown, the race will take place on the north eastern part. The training on 22.10.2020 will take place on the south western part of Le Communal de la Sagne.
GPS Tracking, live results, speaking	<ul> <li>We have placed the focus on great forests, excellent course setters and a JWOC/EYOC worthy atmosphere in the competition centre.</li> <li>We will therefore offer GPS tracking of all runners, transferred live to all those staying at home, as well as live results and live speaking in the competition centre. The GPS tracking will be sent live from the two individual competitions.</li> <li>The relay GPS transmission will only start after the 4th leg mass start has taken off.</li> <li>The GPS tracking links will be published in the news on <a href="https://www.swiss-orienteering.ch/de/">https://www.swiss-orienteering.ch/de/</a>.</li> <li>Live results are available here: <a href="http://results.picoevents.ch">http://results.picoevents.ch</a></li> </ul>
Medical Aid	The teams are primarily in charge of their athletes, but the Swiss physiotherapist as well as the French doctor will help others in case of an emergency. We also have a doctor (Gabi Aebersold) ready as spectator, in case of injuries.
Startlists individual races	The start lists for the individual races will be published on Wednesday 21.10.2020. You will receive an email with the information.
Long Distance Friday 23.10.2020	Course Setter: Alain Berger Controller: Roger Zimmermann Map: Le Cernil 1:10'000, 5m, 2017 by Urs Steiner, ISOM 2017 By mistake the scale was set to 1:15'000 in bulletin 3, 1:10'000 is correct.
	Time schedule: 11:20 Parking opens 12:15 Quarantine opens 12:35 Parking closes 12:40 Quarantine closes and first start Elite runners 13:30 First start Junior runners 15:45 Price giving ceremony
	Parking: A flyer with the Covid-19 Concept and an overview of the competition center will be handed out at the parking.











Spectators must sign up at a contact tracing list at the parking. Masks must be worn at all times, and spectators are not allowed to enter team areas.



Parking: google map coordinates: 46.938258, 6.525135

Distances: Parking -> competition center: 900m

Competition center -> quarantine: 450m The routes will be marked with tape

Quarantine: Old maps of the forest are not allowed. Due to the GPS tracking no devices with access to the internet are allowed either. Please stick to the rules of fairness. The quarantine opens at 12:15 and closes 12:40. Warm-up maps, number bibs and GPS trackers are available at the entry. The pre-start is marked on the warm-up map. Runners are allowed to go to the competition center before entering the quarantine area.

There will be a clothes transport to the competition center after the last start. Please make sure to have enough warm changing clothes in the finish area until then.

Warmup is allowed without mask if a distance of 1,5m is kept at all times. A mask must be worn at the start until the control descriptions have been taken at -2.

- -8: Pre start, GPS start
- -6: Time check
- -4: Time check
- -2: Clear, control descriptions
- -1: Check

The Swiss Elite runners will start before all juniors running the M-20 and W-20 courses but in their own category with 3-minute start interval.

First start juniors: 13:30











	Length	Climb	Controls	Est. win time
W -16	5.3 km	180m	13	40'-45'
W -18	6.0 km	210m	13	45'-50'
W -20	6.5 km	260m	16	50'-55'
M -16	6.6 km	260m	16	45'-50'
M -18	7.9 km	290m	19	50'-55'
M -20	9.1 km	360m	23	60'-65'

The start interval between junior competitors is 6 minutes, one category starting every minute.

### Terrain description:

Le Cernil is a typical Neuchâtel Jura forest with a mix of spruce and beech trees. Cliffs are spread in the karst terrain, amongst limestone areas and small hills. Parts of the forest have a low runnability due to rocks and wood on the ground. The tight network of paths allows for picking route choices avoiding the tough areas, but is it the fastest choice?! Please be careful with the black holes on the map, they are deep and vertical and thus dangerous. 2 holes will be marked with tape in the terrain, as they are close to a control. Do not go close! Few forestry works have been made in the forest in 2020, so some paths have been overgrown with grass and may be difficult to see. In one part of the forest, some forest work has been made (wood on the ground and tractor traces), but it has no influence on the courses.

Please respect the stone walls close to the finish area. Should a stone fall down from the wall, please report this at the finish, that we can repair it afterwards. Barbed wires are marked with tape in those areas.

## Refreshment controls:

There is water placed in the forest at approximately 33% and 66% of the course in all categories except W-16. In W-16 there is only one control after 55% of the course.

There is a spectator passage towards the end of the race for all categories.

Fairness: The GPS tracking allows spectators to gain information on the race. Please do not pass this on to competing runners. Exception: coaches at the spectator passage.

Due to lack of space on the map, the finish is not placed exactly where the actual finish is at the competition. Please follow the marked route from last control to finish.

After the finish, please read-out your SI card and return your GPS device. There is water available at the finish.

Price giving ceremony: 16:30













Short Distance Saturday 24.10.2020

Course Setter: Silje Ekroll Jahren Controller: Michael Dubach Map: Le Bois de la Baume 1:10'000, 5m, 2017 by Pierre-Alain Matthey, ISOM 2017

Time schedule:

- 11:20 Parking opens
- 11:45 Quarantine opens
- 12:05 Parking closes
- 12:10 Quarantine closes and first start Elite runners
- 13:00 First start Junior runners
- 15:45 Price giving ceremony

Parking:

A flyer with the Covid-19 Concept and an overview of the competition centre will be handed out at the parking. Spectators must sign up at a contact tracing list at the parking. Masks must be worn at all times, and spectators are not allowed to enter team areas.

Parking: google map coordinates: 46.938258, 6.525135



Distances: Parking -> competition center: 100m Competition center -> guarantine: 1500m

Quarantine: Old maps of the forest are not allowed. Due to the GPS tracking no devices with access to the internet are allowed either. Please stick to the rules of fairness. The quarantine opens at 11:45 and closes 12:15. Warm-up maps, number bibs and GPS trackers are available at the entry. The pre-start is marked on the warm-up map. Runners are allowed to go to the competition center before entering the guarantine area.

There will be a clothes transport to the competition center after the last start. Please make sure to have enough warm changing clothes in the finish area.











Warmup is allowed without mask if a distance of 1,5m is kept at all times. A mask must be worn at the start until the control descriptions have been taken at -2.

-5: Pre start, GPS handover

- -4: Time check
- -3: Time check
- -2: Clear, control descriptions
- -1: Check,

The Swiss Elite runners will start before all others running the M-20 and W-20 courses but in their own category.

First start juniors: 13:00 Start block 1: W-16 & M-16, 13:00-13:30 Start block 2: W-18 & M-18, 13:17-13:47 Start block 3: W-20 & M-20, 13:34-14:04

	Length	Climb	Controls	Est. win time
W -16	3.1km	150m	15	25′
W -18	3.4km	155m	16	25′
W -20	3.6 km	170m	16	25′
M -16	3.6km	145m	14	25′
M -18	3.9km	160m	19	25′
M -20	4.3 km	165m	16	25′

Terrain description:

Typical Jura forest with vague relief features and stony ground, and a dense network of paths and forest work tracks. Some new forest tracks exist in the terrain that are not drawn on the map. The vegetation is a mixed forest with deciduous and coniferous trees. There are areas with dead wood and branches on the ground, but the runnability is mostly fair to good. The visibility is low in some areas due to young deciduous trees, while in other areas the visibility is high. Note that the map and especially the vegetation were drawn in 2017. Caution: there are some barbed wires in the terrain (we will try to mark them with tape).

After the finish, please read-out your SI card and return your GPS device. There is water available at the finish.

Price giving ceremony: 15:00

Relay Sunday 25.10.2020

Please enter your relay teams online via the link below latest Saturday 24.10.2020 at 17:00: https://entry.picoevents.ch/youth.php Course Setter: Kurt Schmid Controllers: Roger Zimmerman & Gregoire Perret Map: Le Communal de la Sagne 1:10'000, 5m, 2017 by Pierre-Alain Matthey, ISOM 2017, partly updated to ISOM 2017-2











Time schedule:

9:00 Parking opens

9:50 Parking closes, last shuttle to the forest

10:15 1<sup>st</sup> start Women's teams

 $\sim$ 10:30: exchange leading women's team 1->2

10:35 1<sup>st</sup> start men's team

~10:45: exchange leading women's team 2->3

 $\sim$ 10:50: exchange leading men's team 1->2

~11:00: exchange leading women's team 3->4

~11:05: exchange leading men's team 2->3

~11:15: finish leading women's team

~11:20: exchange leading men's team 3->4

~11:35: finish leading men's team

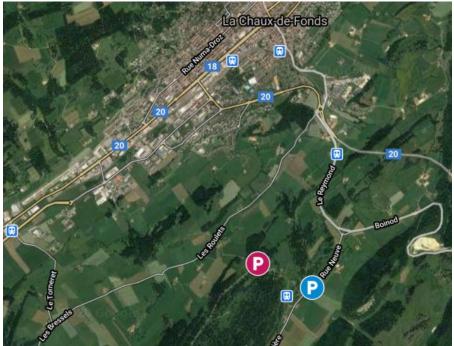
12:00 Price giving ceremony

It is not allowed to park next to the arena, but you can drop-off team members at the pink P and afterwards park your car at the official parking at the Téléski de la Corbatière. The last shuttle bus will leave the parking at 9:50.

A flyer with the Covid-19 Concept and an overview of the competition center will be handed out at the drop-off. Spectators must sign up at a contact tracing list at the drop-off. Masks must be worn at all times, and spectators are not allowed to enter team areas.

P Drop-Off, Google map coordinates: 47.07346, 6.82946 P Parking, Google map coordinates: 47.07054, 6.8393

Distances:



Drop-Off -> competition center: 1000m, marked with tape. Drive from drop-off to parking: 5 minutes. Count 15-20 minutes for the drivers before they return to the drop-off, as they may have to wait for the shuttle to leave.











The race is a 2-man relay with 4 legs. Each runner runs 2 legs. A team consists of either:

- 1 W/M-20 runner and 1 W/M-16 runner or

\_ 2 W/M-18 runners.

The W/M 20 runner or the strongest W/M-18 runner in the same age category team runs first leg. This runner will also run the 3<sup>rd</sup> leg. The other runner will run 2<sup>nd</sup> and 4<sup>th</sup> leg.

A mask must be worn at all mass starts. It can be pulled off in the minute you start. Please bring enough disposable masks!

Quarantine: There is no quarantine. The GPS transmission will only start after the mass start of leg 4.

Warmup is allowed without mask if a distance of 1,5m is kept at all times. A mask must be carried at the start until the mass start or handover has taken place.

Fairness: For reasons of fairness, no old maps are allowed in the competition area. The competition maps will be kept at the finish, and are handed over to the team officials after the mass start of the last 4<sup>th</sup> leg runners.

The mass starts for each leg will be within reasonable time after the leading exchange. The speaker will announce the mass starts.



	Length	Climb	Controls	Est. win time
W-20/18 1 <sup>st</sup> &	2.6km	55 -	8	14'-15'
3 <sup>rd</sup> leg		75m		
W-18/16 2 <sup>nd</sup> &	2.4km	60 -	9	15'-16'
4 <sup>th</sup> leg		75m		
M-20/18 1 <sup>st</sup> &	3.0 -	80 -	10 - 11	15'-16'
3 <sup>rd</sup> leg	3.1km	90m		











M-18/16 2 <sup>nd</sup> &	2.8 -	75 -	10 - 11	15'-16'
4 <sup>th</sup> leg	2.9km	90m		

In bulletin 3, the 2<sup>nd</sup> & 4<sup>th</sup> leg distances were longer than 1<sup>st</sup> & 3<sup>rd</sup> leg. The data above is correct.

#### Terrain description:

Le Communal de la Sagne is an open diffuse Jura Forest. The forests consist mostly of pine trees, but also some European beech trees. There is plenty of open land meadows in the forest, leading to a varied density of trees. The runnability is very high on the open meadows but also in the forest. The changes in the tree density combined with the high-speed will challenge you to be fast and precise in your orienteering.

Map:

The map has not been officially updated to ISOM 2017-2. We have updated the following objects:

311 Well, fountain or water tank: A prominent well, fountain, water tank or captive spring.	No.
417 Prominent large tree: White mask is used under the green circle, to improve readability in yellow and green	•
418 Prominent bush or tree: Small white dot inside is used to aid the colour vision impaired.	•••
419 Prominent vegetation feature: White mask is used under the green cross, to improve readability in yellow and green.	ZĄ
On the map, the green cross is a rootstock.	
709 Out-of-bounds area: An out-of-bounds area shall not be entered	

Please read out your SI card at the finish. The SI card must be read-out after both legs. You will use the same SI card for both legs. Put your map in your nation bag after each leq. The bag will be handed over to a team official after the 4<sup>th</sup> leg mass start. Return your GPS tracker after leg 3 respectively 4 and.

Price giving ceremony: 12:00

Entries: Team member names for all competitions can be changed until Thursday 22.10.2020.

Training options If you want to make a training in Le Communal de la Sagne on Thursday 22.10. please contact Biiit: <a href="mailto:beat.okle@swiss-">beat.okle@swiss-</a> orienteering.ch









